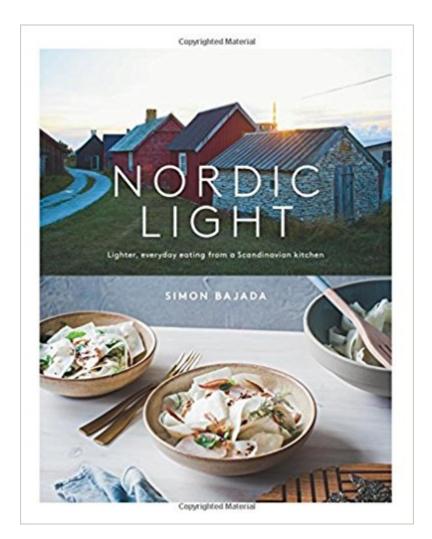
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Nordic Light: Lighter, Everyday Eating From A Scandinavian Kitchen





Synopsis

Wholesome Scandinavian recipes with a healthy, modern twistPresenting a new angle to the trends in Scandinavian recipes and techniques, Nordic Light shies away from the classics and instead presents lighter, cleaner, and modern recipes. Focusing on seasonal fresh produce and vegetables, Simon prepares dishes with clever touches to make them interesting and diverse in our daily diet. Putting a Nordic twist on food from all cuisines, recipes include rye crÃ^apes with banana and salted caramel; flourless almond tea fiber balls rolled in pollen and hemp; Icelandic flatbread served with cashew cream and caviar; flourless matcha millet and blueberry buns; kelp noodles, smoked mackerel, radish, elderflower vinaigrette; and many more.Simon's exquisite photography, styling, and design are a standout feature, with incredible landscape shots to denote the changing seasons. Nordic Light will take readers on a delicious Scandinavian journey towards a healthier lifestyle.

Book Information

Hardcover: 224 pages Publisher: Hardie Grant (August 2, 2016) Language: English ISBN-10: 1743791445 ISBN-13: 978-1743791448 Product Dimensions: 8.5 x 1.1 x 10.5 inches Shipping Weight: 2.3 pounds (View shipping rates and policies) Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #80,502 in Books (See Top 100 in Books) #11 in Books > Cookbooks, Food & Wine > Regional & International > European > Scandinavian #62 in Books > Arts & Photography > Photography & Video > Travel

Customer Reviews

A beautiful presentation of dishes and photography, so many tasty recipes to try out.

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